Ephesians: Spiritual Blessings in Christ

1. Doctrine of the Church (1-3)
2. Practice of the Church (4-6)

Ephesians 1

1. Introduction and greeting – 1:1-2
2. Doxology – 1:3-14
   - Father
   - Son
   - Holy Spirit
3. Prayer – 1:15-23
The Doxology

Greek:

doxa = glory
logos = word

English:

Doxology = a word of praise

Ephesians 1:3-15

to the praise of His glory

Do we bless God or does He bless us?

Greek: eulogeo

eu = well
logos = a word

English:

Bless = speak well of

Ephesians 1:3

Adjective – “Blessed be the God and Father . . .”
Verb – “Who has blessed us . . .”
Noun – “with every spiritual blessing . . .”

We bless God!
He blesses us!
He gives blessings.
The blessings of the Trinity – The Father
Ephesians 1:3-6

The Father has blessed us

The manner of blessings
1. He chose us
   Two options:
   ▶ God blesses those who choose blessing
   ▶ God sovereignly chooses to bless
   Two arguments for the sovereign choice of God
   ▶ It was before the foundation of the world
   ▶ It was in order to make us worthy
2. He predestined us to adoption as sons
   ▶ Full realization of the blessings of God
   ▶ Joint-heirs with Christ

The blessings
1. Holiness
2. Blamelessness – forgiven
3. Adoption as sons
4. Accepted in Christ

The cause of the blessings
1. He loved us (1:4)
2. Good pleasure of His will (1:5)
3. His grace (1:6)
4. Wisdom and prudence/understanding (1:8)
5. His Good pleasure purposed in Himself (1:8)
6. Counsel of His will (1:11)
The blessings of the Trinity – The Son
Ephesians 1:7-12

Redemption through His blood
The forgiveness of sins
Revelation
Union with Christ
Inheritance

The means – faith (1:12)

The blessings of the Trinity – The Spirit
Ephesians 1:13-14

Sealed with the Spirit

The timing – after faith
Paul’s First Prayer
Ephesians 1:15-23

Thanksgiving
To the Triune God
For their faith and love

Petition
Spirit of wisdom and revelation in the knowledge of Him

Three objectives
  ▶ Know the hope of His calling
  ▶ Know riches of glory of His inheritance in the saints
  ▶ Know exceeding greatness of His power

Hope
Resurrection
Exaltation in the heavenly and earth
Head over the Church which is His fullness
Practical Considerations

- The greatness of God’s glory
- The centrality of Jesus Christ
- Priorities of the believer