

Life-Giving Words

from

Book 1 of the Psalms

New American Standard Version

*You will make known to me the path of life;
In Your presence is fullness of joy;
In Your right hand
there are pleasures forever.*

Psalm 16:11

Trinity Bible Church
Hillcrest Chapel
2016

Memory groups will meet weekly to recite each assignment. The booklet contains selected Bible verses to be memorized each week. *The assignment number and Bible reference should be memorized and recited with each assignment.*

Those who prefer a shorter assignment may memorize the three verses in each assignment which are marked with the symbol: *.

There is a companion book for small children containing one verse per week. The verses found in the children's book are marked in this book with the symbol: †.

Assignment 1

Psalm 1

- + * ¹ How blessed is the man
who does not walk
in the counsel of the wicked,
Nor stand in the path of sinners,
Nor sit in the seat of scoffers!
- * ² But his delight
is in the law of the LORD,
And in His law
he meditates day and night.
- * ³ He will be like a tree
firmly planted by streams of water,
Which yields its fruit in its season
And its leaf does not wither;
And in whatever he does,
he prospers.
- ⁴ The wicked are not so,
But they are like chaff
which the wind drives away.

- ⁵ Therefore the wicked
will not stand in the judgment,
Nor sinners in the assembly
of the righteous.
- ⁶ For the LORD knows
the way of the righteous,
But the way of the wicked will perish.

Psalm 2:1

Why are the nations in an uproar
And the peoples devising a vain thing?

Assignment 2

Psalm 2:2-8

- ² The kings of the earth take their stand
And the rulers take counsel together
Against the LORD
and against His Anointed, saying,
- ³ “Let us tear their fetters apart
And cast away their cords from us!”
- ⁴ He who sits in the heavens laughs,
The LORD scoffs at them.
- ⁵ Then He will speak to them in His anger
And terrify them in His fury,
saying,
- * ⁶ “But as for Me,
I have installed My King Upon Zion,
My holy mountain.”
- + * ⁷ “I will surely tell of the decree of the LORD:
He said to Me, ‘You are My Son,
Today I have begotten You.
- * ⁸ ‘Ask of Me,
and I will surely give the nations
as Your inheritance,
And the very ends of the earth
as Your possession.”

Assignment 3

Psalm 2:9-12

- ⁹ “You shall break them
with a rod of iron,
You shall shatter them
like earthenware.”
- ¹⁰ Now therefore, O kings,
show discernment;
Take warning,
O judges of the earth.
- ¹¹ Worship the LORD with reverence
And rejoice with trembling.
- ¹² Do homage to the Son,
that He not become angry,
and you perish in the way,
For His wrath may soon be kindled.
How blessed are all
who take refuge in Him!

Psalm 5:11-12

- * ¹¹ But let all who take refuge in You
be glad,
Let them ever sing for joy;
And may You shelter them,
That those who love Your name
may exult in You.
- * ¹² For it is You who blesses
the righteous man, O LORD,
You surround him with favor
as with a shield.

Psalm 8:1

† *For the choir director; on the Gittith.
A Psalm of David.*

- ‡ * O LORD, our Lord,
How majestic is Your name
in all the earth,
Who have displayed Your splendor
above the heavens!

Assignment 4

Psalm 8:2-8

+ * ² From the mouth of infants
and nursing babes
You have established strength
Because of Your adversaries,
To make the enemy
and the revengeful cease.

* ³ When I consider Your heavens,
the work of Your fingers,
The moon and the stars,
which You have ordained;

* ⁴ What is man
that You take thought of him,
And the son of man
that You care for him?

⁵ Yet You have made him
a little lower than God,
And You crown him
with glory and majesty!

⁶ You make him to rule
over the works of Your hands;
You have put all things under his feet,

⁷ All sheep and oxen,
And also the beasts of the field,

⁸ The birds of the heavens
and the fish of the sea,
Whatever passes through
the paths of the seas.

Assignment 5

Psalm 8:9

O LORD, our Lord,
How majestic is Your name
in all the earth!

Psalm 14:1-3

- ‡ * ¹ The fool has said in his heart,
“There is no God.”
They are corrupt,
they have committed abominable deeds;
There is no one who does good.
- * ² The LORD has looked down from heaven
upon the sons of men
To see if there are any who understand,
Who seek after God.
- * ³ They have all turned aside,
together they have become corrupt;
There is no one who does good,
not even one.

Psalm 16:10

For You will not abandon
my soul to Sheol;
Nor will You allow Your Holy One
to undergo decay.

Psalm 18:1-2

- ¹ “I love You, O LORD, my strength.”
- ² The LORD is my rock and my fortress
and my deliverer,
My God, my rock,
in whom I take refuge; My shield
and the horn of my salvation,
my stronghold.

Assignment 6

Psalm 18:3

I call upon the LORD,
who is worthy to be praised,
And I am saved from my enemies.

Psalm 23

† A Psalm of David.

- ‡ * ¹ The LORD is my shepherd,
I shall not want.
- * ² He makes me lie down
in green pastures;
He leads me beside quiet waters.
- * ³ He restores my soul;
He guides me in the paths
of righteousness
For His name's sake.

⁴ Even though I walk through the valley
of the shadow of death,
I fear no evil,
for You are with me;
Your rod and Your staff,
they comfort me.

⁵ You prepare a table before me
in the presence of my enemies;
You have anointed my head with oil;
My cup overflows.

⁶ Surely goodness
and lovingkindness
will follow me all the days of my life,
And I will dwell in the house
of the LORD forever.

Assignment 7

Psalm 24:1

+ * The earth is the LORD's,
and all it contains,
The world,
and those who dwell in it.

Psalm 25:8

* ⁸ Good and upright is the LORD;
Therefore He instructs sinners
in the way.

Psalm 27:1-5

† *A Psalm of David.*

¹ The LORD is my light and my salvation;
Whom shall I fear?
The LORD is the defense of my life;
Whom shall I dread?

² When evildoers came upon me
to devour my flesh,
My adversaries and my enemies,
they stumbled and fell.

³ Though a host encamp against me,
My heart will not fear;
Though war arise against me,
In spite of this I shall be confident.

* ⁴ One thing I have asked from the LORD,
that I shall seek:
That I may dwell in the house of the LORD
all the days of my life,
To behold the beauty of the LORD
And to meditate in His temple.

⁵ For in the day of trouble
He will conceal me in His tabernacle;
In the secret place of His tent
He will hide me;
He will lift me up on a rock.

Assignment 8

Psalm 27:6-12

- ⁶ And now my head will be lifted up
above my enemies around me,
And I will offer in His tent
sacrifices with shouts of joy;
I will sing, yes,
I will sing praises to the LORD.
- * ⁷ Hear, O LORD,
when I cry with my voice, And be gra-
cious to me and answer me.
- + * ⁸ When You said, "Seek My face,"
my heart said to You,
"Your face, O LORD, I shall seek."
- * ⁹ Do not hide Your face from me,
Do not turn Your servant away in anger;
You have been my help;
Do not abandon me nor forsake me,
O God of my salvation!
- ¹⁰ For my father and my mother
have forsaken me,
But the LORD will take me up.
- ¹¹ Teach me Your way, O LORD,
And lead me in a level path
Because of my foes.
- ¹² Do not deliver me over
to the desire of my adversaries,
For false witnesses
have risen against me,
And such as breathe out violence.

Assignment 9

Psalm 27:13-14

¹³ I would have despaired
unless I had believed that
I would see the goodness of the LORD
In the land of the living.

¹⁴ Wait for the LORD;
Be strong
and let your heart take courage;
Yes, wait for the LORD.

Psalm 30:4-5

⁴ Sing praise to the LORD,
you His godly ones,
And give thanks to His holy name.

* ⁵ For His anger is but for a moment,
His favor is for a lifetime;
Weeping may last for the night,
But a shout of joy comes in the morning.

Psalm 31:21

Blessed be the LORD,
For He has made marvelous
His lovingkindness to me
in a besieged city.

Psalm 31:23

* O love the LORD,
all you His godly ones!
The LORD preserves the faithful
And fully recompenses the proud doer.

Psalm 32:1

† *A Psalm of David. A Maskil.*

‡ * How blessed is he
whose transgression is forgiven,
Whose sin is covered!

Assignment 10

Psalm 32:2-8

- ² How blessed is the man to whom
the LORD does not impute iniquity,
And in whose spirit there is no deceit!
- * ³ When I kept silent about my sin,
my body wasted away
Through my groaning all day long.
- * ⁴ For day and night
Your hand was heavy upon me;
My vitality was drained away
as with the fever heat of summer.
Selah.
- + * ⁵ I acknowledged my sin to You,
And my iniquity I did not hide;
I said, "I will confess my transgressions
to the LORD";
And You forgave the guilt of my sin.
Selah.
- ⁶ Therefore,
let everyone who is godly
pray to You in a time
when You may be found;
Surely in a flood of great waters
they will not reach him.
- ⁷ You are my hiding place;
You preserve me from trouble;
You surround me
with songs of deliverance.
Selah.
- ⁸ I will instruct you and teach you
in the way which you should go;
I will counsel you
with My eye upon you.

Assignment 11

Psalm 32:9-11

- + * ⁹ Do not be as the horse or as the mule
which have no understanding,
Whose trappings include bit and bridle
to hold them in check,
Otherwise they will not come near to you.
- * ¹⁰ Many are the sorrows of the wicked,
But he who trusts in the LORD,
lovingkindness shall surround him.
- * ¹¹ Be glad in the LORD and rejoice,
you righteous ones;
And shout for joy,
all you who are upright in heart.

Psalm 34:1-3

- ¹ I will bless the LORD at all times;
His praise shall continually
be in my mouth.
- ² My soul will make its boast in the LORD;
The humble will hear it and rejoice.
- ³ O magnify the LORD with me,
And let us exalt His name together.

Psalm 34:8

O taste and see that the LORD is good;
How blessed is the man
who takes refuge in Him!

Assignment 12

Psalm 34:10

The young lions do lack
and suffer hunger;
But they who seek the LORD
shall not be in want of any good thing.

Psalm 34:18

✦ * The LORD is near to the brokenhearted
And saves those
who are crushed in spirit.

Psalm 40:1-3

* ¹ I waited patiently for the LORD;
And He inclined to me
and heard my cry.

* ² He brought me up
out of the pit of destruction,
out of the miry clay,
And He set my feet upon a rock
making my footsteps firm.

³ He put a new song in my mouth,
a song of praise to our God;
Many will see and fear
And will trust in the LORD.

Psalm 40:9-10

⁹ I have proclaimed glad tidings
of righteousness
in the great congregation;
Behold, I will not restrain my lips,
O LORD, You know.

¹⁰ I have not hidden
Your righteousness within my heart;
I have spoken of Your faithfulness
and Your salvation;
I have not concealed
Your lovingkindness and Your truth
from the great congregation.

Trinity Bible Church
P.O. Box 16732
Portland, Oregon 97292
503-255-0357

Hillcrest Chapel
P.O. Box 19522
Portland, Oregon 97280
503-334-6030

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