

Epistle to the Ephesians

The Worthy Walk

Volume 2

New American Standard Version

*Therefore be imitators of God,
as beloved children;*

Ephesians 5:1

Trinity Bible Church
2020

Memory groups will meet weekly to recite each assignment. The booklet contains selected Bible verses to be memorized each week. *The assignment number and Bible reference should be memorized and recited with each assignment.*

Those who prefer a shorter assignment may memorize the three verses in each assignment which are marked with the symbol: *.

For younger children, a single verse for memorization is indicated in each lesson with the symbol: †.

Assignment 1

Ephesians 4:7-13

+ * ⁷ But to each one of us
grace was given according to
the measure of Christ's gift.

* ⁸ Therefore it says,
"WHEN HE ASCENDED ON HIGH,
HE LED CAPTIVE A HOST OF CAPTIVES,
AND HE GAVE GIFTS TO MEN."

⁹ (Now this expression, "He ascended,"
what does it mean
except that He also had descended
into the lower parts of the earth?)

¹⁰ He who descended is Himself
also He who ascended
far above all the heavens,
so that He might fill all things.)

* ¹¹ And He gave some as apostles,
and some as prophets,
and some as evangelists,
and some as pastors and teachers,

¹² For the equipping of the saints
for the work of service,
to the building up of the body of Christ;

¹³ Until we all attain
to the unity of the faith,
and of the knowledge of the Son of God,
to a mature man, to the measure
of the stature which belongs
to the fullness of Christ.

Assignment 2

Ephesians 4:14-20

- ¹⁴ As a result, we are no longer
to be children, tossed here and there
by waves and carried about
by every wind of doctrine,
by the trickery of men,
by craftiness in deceitful scheming;
- ✦ * ¹⁵ But speaking the truth in love,
we are to grow up in all aspects
into Him who is the head, even Christ,
- ¹⁶ From whom the whole body,
being fitted and held together
by what every joint supplies,
according to the proper working
of each individual part,
causes the growth of the body
for the building up of itself in love.
- * ¹⁷ So this I say, and affirm
together with the Lord,
that you walk no longer
just as the Gentiles also walk,
in the futility of their mind,
- ¹⁸ Being darkened in their understanding,
excluded from the life of God
because of the ignorance that is in them,
because of the hardness of their heart;
- ¹⁹ And they, having become callous,
have given themselves over
to sensuality for the practice
of every kind of impurity
with greediness.
- * ²⁰ But you did not learn Christ in this way,

Assignment 3

Ephesians 4:21-27

²¹ If indeed you have heard Him
and have been taught in Him,
just as truth is in Jesus,

* ²² That, in reference to your
former manner of life,
you lay aside the old self,
which is being corrupted in accordance
with the lusts of deceit,

* ²³ And that you be renewed
in the spirit of your mind,

+ * ²⁴ And put on the new self,
which in the likeness of God
has been created in righteousness
and holiness of the truth.

²⁵ Therefore, laying aside falsehood,
SPEAK TRUTH EACH ONE OF YOU
WITH HIS NEIGHBOR,
for we are members of one another.

²⁶ BE ANGRY, AND yet DO NOT SIN;
do not let the sun go down on your anger,

²⁷ And do not give the devil an opportunity.

Assignment 4

Ephesians 4:28-32

²⁸ He who steals must steal no longer;
but rather he must labor,
performing with his own hands
what is good, so that
he will have something to share
with one who has need.

²⁹ Let no unwholesome word
proceed from your mouth,
but only such a word as is good
for edification according to
the need of the moment,
so that it will give grace
to those who hear.

³⁰ Do not grieve the Holy Spirit of God,
by whom you were sealed
for the day of redemption.

³¹ Let all bitterness and wrath and anger
and clamor and slander
be put away from you,
along with all malice.

+ *³² Be kind to one another, tender-hearted,
forgiving each other,
just as God in Christ
also has forgiven you.

Ephesians 5:1-2

*^{5:1} Therefore be imitators of God,
as beloved children;

*² And walk in love,
just as Christ also loved you
and gave Himself up for us,
an offering and a sacrifice to God
as a fragrant aroma.

Assignment 5

Ephesians 5:3-9

- * ³ But immorality or any impurity or greed must not even be named among you, as is proper among saints;
- * ⁴ And there must be no filthiness and silly talk, or coarse jesting, which are not fitting, but rather giving of thanks.
- ⁵ For this you know with certainty, that no immoral or impure person or covetous man, who is an idolater, has an inheritance in the kingdom of Christ and God.
- ⁶ Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.
- ⁷ Therefore do not be partakers with them;
- + * ⁸ For you were formerly darkness, but now you are Light in the Lord; walk as children of Light
- ⁹ (For the fruit of the Light consists in all goodness and righteousness and truth),

Assignment 6

Ephesians 5:10-16

¹⁰ Trying to learn
what is pleasing to the Lord.

¹¹ Do not participate
in the unfruitful deeds of darkness,
but instead even expose them;

¹² For it is disgraceful even to speak
of the things which are done
by them in secret.

¹³ But all things become visible
when they are exposed by the light,
for everything that becomes visible
is light.

✦ * ¹⁴ For this reason it says,
“Awake, sleeper,
And arise from the dead,
And Christ will shine on you.”

* ¹⁵ Therefore be careful how you walk,
not as unwise men but as wise,

* ¹⁶ Making the most of your time,
because the days are evil.

Assignment 7

Ephesians 5:17-23

- ¹⁷ So then do not be foolish, but understand what the will of the Lord is.
- ‡ * ¹⁸ And do not get drunk with wine, for that is dissipation, but be filled with the Spirit,
- * ¹⁹ Speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord;
- * ²⁰ Always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father;
- ²¹ And be subject to one another in the fear of Christ.
- ²² Wives, be subject to your own husbands, as to the Lord.
- ²³ For the husband is the head of the wife, as Christ also is the head of the church, He Himself being the Savior of the body.

Assignment 8

Ephesians 5:24-30

- ²⁴ But as the church is subject to Christ,
so also the wives ought to be
to their husbands in everything.
- ✦ *²⁵ Husbands, love your wives,
just as Christ also loved the church
and gave Himself up for her,
- *²⁶ So that He might sanctify her,
having cleansed her
by the washing of water with the word,
- *²⁷ That He might present to Himself
the church in all her glory, having
no spot or wrinkle
or any such thing;
but that she would be
holy and blameless.
- ²⁸ So husbands ought also to love
their own wives as their own bodies.
He who loves his own wife loves himself;
- ²⁹ For no one ever hated his own flesh,
but nourishes and cherishes it,
just as Christ also does the church,
- ³⁰ Because we are members of His body.

Assignment 9

Ephesians 5:31-33

- ³¹ FOR THIS REASON
A MAN SHALL LEAVE HIS FATHER AND MOTHER
AND SHALL BE JOINED TO HIS WIFE,
AND THE TWO SHALL BECOME ONE FLESH.
- ³² This mystery is great;
but I am speaking with reference
to Christ and the church.
- ³³ Nevertheless, each individual
among you also is to love his own wife
even as himself,
and the wife must see to it
that she respects her husband.

Ephesians 6:1-4

- + * ¹ Children, obey your parents in the Lord,
for this is right.
- * ² HONOR YOUR FATHER AND MOTHER
(which is the first commandment with a
promise),
- * ³ SO THAT IT MAY BE WELL WITH YOU,
AND THAT YOU MAY LIVE LONG ON THE EARTH.
- ⁴ Fathers, do not provoke
your children to anger,
but bring them up in the discipline
and instruction of the Lord.

Assignment 10

Ephesians 6:5-11

- * ⁵ Slaves, be obedient to those who are your masters according to the flesh, with fear and trembling, in the sincerity of your heart, as to Christ;
- ⁶ Not by way of eyeservice, as men-pleasers, but as slaves of Christ, doing the will of God from the heart.
- ⁷ With good will render service, as to the Lord, and not to men,
- ⁸ Knowing that whatever good thing each one does, this he will receive back from the Lord, whether slave or free.
- ⁹ And masters, do the same things to them, and give up threatening, knowing that both their Master and yours is in heaven, and there is no partiality with Him.
- + * ¹⁰ Finally, be strong in the Lord and in the strength of His might.
- * ¹¹ Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil.

Assignment 11

Ephesians 6:12-18

- + *¹² For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.
- *¹³ Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm.
- ¹⁴ Stand firm therefore,
HAVING GIRDED YOUR LOINS WITH TRUTH,
and HAVING PUT ON
THE BREASTPLATE OF RIGHTEOUSNESS,
- ¹⁵ And having shod YOUR FEET
WITH THE PREPARATION
OF THE GOSPEL OF PEACE;
- ¹⁶ In addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil one.
- ¹⁷ And take THE HELMET OF SALVATION, and the sword of the Spirit, which is the word of God.
- *¹⁸ With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints,

Assignment 12

Ephesians 6:19-24

- *¹⁹ And pray on my behalf,
that utterance may be given to me
in the opening of my mouth,
to make known with boldness
the mystery of the gospel,
- *²⁰ For which I am an ambassador in chains;
that in proclaiming it
I may speak boldly, as I ought to speak.
- ²¹ But that you also may know
about my circumstances,
how I am doing, Tychicus,
the beloved brother
and faithful minister in the Lord,
will make everything known to you.
- ²² I have sent him to you
for this very purpose,
so that you may know about us,
and that he may comfort your hearts.

²³ Peace be to the brethren,
and love with faith,
from God the Father
and the Lord Jesus Christ.

- ✦ *²⁴ Grace be with all those
who love our Lord Jesus Christ
with incorruptible love.

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