

# **The Psalms**

*From Promise to Praise*

**Lesson 1: The Way of Blessedness**  
**Introduction to the Psalms - Psalm 1 & 2**

*Trinity Bible Church Sunday School*  
*September 5, 2021*

# Today's Outline

**Fall 2021 – 12 week study:**

**Authorship... who contributed to writing the Psalms?**

**Types or categories of Psalms we will be studying**

**How are the Psalms divided?**

**Today's study:**

**Psalm 1**

**Psalm 2**

**Summary**

# Fall 2021 – 12 Week Study:

**Authorship... who contributed to writing the Psalms?**

**Psalms is 150 passages divided up into 5 books. The book of Psalms were put together as a collection much later than David's lifetime and some of the books were written hundreds of years after David died and long before he existed. It is also a book that has the greatest number of contributing human authors in all the Bible. This book is unique in that it is intended as being sung to music and is poetic in nature.**

**Some of the Psalms states who wrote specific passages. Roughly 48-50 Psalms are anonymous  
Estimates of human authors include:**

**King David (wrote roughly half of them ~ 73 +)**

**Asaph & sons (12 Psalms: 50, 73-83)**

**Korah & sons (10 Psalms: 42, 44-49, 84, 85, 87)**

**Heman the Ezrahite (~ portion of Ps. 88 )**

**Ethan the Ezrahite (Psalm 89)**

**King Solomon (Ps. 72, 127)**

**Moses (Ps. 90)**

# General vs. Special Revelation

## General revelation:

God's gift of revealing himself to everyone who exist, and is typically shown through created things through nature and the vast expanse of the heavens.

## Romans 1:20

<sup>20</sup> For the invisible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and Godhead; so that they are without excuse:

## Special revelation:

God revealing himself through miraculous methods, which may include physical appearances of God in the Old & New Testament. Dreams, visions, the Word of God, Jesus Christ, by the impression of Holy Spirit, examples of fulfillment of prophesy and upon the lives of men and women.

# **Fall 2021 – 12 Week Study:**

**Types or categories of Psalms we will be studying**

**1. Covenant Psalms**

**2. Wisdom Psalms**

**3. Lament Psalms**

**4. Trust Psalms**

**5. Thanksgiving Psalms**

**6. Praise Psalms**

# Fall 2021 – 12 Week Study:

**How are the Psalms divided?**

**Book 1 (Psalms 1-41)**

**Book 2 (Psalms 42-72)**

**Book 3 (Psalms 73-89)**

**Book 4 (Psalms 90-106)**

**Book 5 (Psalms 107-150)**

# Psalm 1

<sup>1</sup> Blessed *is* the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.

<sup>2</sup> But his delight *is* in the law of the LORD; and in his law doth he meditate day and night.

<sup>3</sup> And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

<sup>4</sup> The ungodly *are* not so: but *are* like the chaff which the wind driveth away.

<sup>5</sup> Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous.

<sup>6</sup> For the LORD knoweth the way of the righteous: but the way of the ungodly shall perish.

# Psalm 2

- <sup>1</sup> Why do the heathen rage, and the people imagine a vain thing?  
<sup>2</sup> The kings of the earth set themselves, and the rulers take counsel together,  
against the LORD, and against his anointed, saying,  
<sup>3</sup> Let us break their bands asunder, and cast away their cords from us.  
<sup>4</sup> He that sitteth in the heavens shall laugh: the Lord shall have them in derision.  
<sup>5</sup> Then shall he speak unto them in his wrath, and vex them in his sore displeasure.  
<sup>6</sup> Yet have I set my king upon my holy hill of Zion.  
<sup>7</sup> I will declare the decree: the LORD hath said unto me,  
Thou art my Son; this day have I begotten thee.  
<sup>8</sup> Ask of me, and I shall give thee the heathen for thine inheritance,  
and the uttermost parts of the earth for thy possession.  
<sup>9</sup> Thou shalt break them with a rod of iron;  
thou shalt dash them in pieces like a potter's vessel.  
<sup>10</sup> Be wise now therefore, O ye kings: be instructed, ye judges of the earth.  
<sup>11</sup> Serve the LORD with fear, and rejoice with trembling.  
<sup>12</sup> Kiss the Son, lest he be angry, and ye perish from the way,  
when his wrath is kindled but a little.  
Blessed are all they that put their trust in him.



# Psalm 1

<sup>1</sup> Blessed *is* the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.

<sup>2</sup> But his delight *is* in the law of the LORD; and in his law doth he meditate day and night.

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# Psalm 2:1-3

<sup>1</sup> Why do the heathen rage, and the people imagine a vain thing?

<sup>2</sup> The kings of the earth set themselves, and the rulers take counsel together, against the LORD, and against his anointed, saying,

<sup>3</sup> Let us break their bands asunder, and cast away their cords from us.

## Acts 4:23-28

<sup>23</sup> And being let go, they went to their own company, and reported all that the chief priests and elders had said unto them.

<sup>24</sup> And when they heard that, they lifted up their voice to God with one accord, and said, Lord, thou art God, which hast made heaven, and earth, and the sea, and all that in them is:

<sup>25</sup> who by the mouth of thy servant David hast said, Why did the heathen rage, and the people imagine vain things?

<sup>26</sup> The kings of the earth stood up, and the rulers were gathered together against the Lord, and against his Christ.

<sup>27</sup> For of a truth against thy holy child Jesus, whom thou hast anointed, both Herod, and Pontius Pilate, with the Gentiles, and the people of Israel, were gathered together,

<sup>28</sup> for to do whatsoever thy hand and thy counsel determined before to be done.

# Psalm 2:4-7

- <sup>4</sup> He that sitteth in the heavens shall laugh: the Lord shall have them in derision.  
<sup>5</sup> Then shall he speak unto them in his wrath, and vex them in his sore displeasure.  
<sup>6</sup> Yet have I set my king upon my holy hill of Zion.  
<sup>7</sup> I will declare the decree: the LORD hath said unto me,  
Thou art my Son; this day have I begotten thee.

## Romans 1:1-4

- <sup>1</sup> Paul, a servant of Jesus Christ, called to be an apostle, separated unto the gospel of God,  
<sup>2</sup> (which he had promised afore by his prophets in the holy scriptures,)  
<sup>3</sup> concerning his Son Jesus Christ our Lord, which was made of the seed of David according to the flesh;  
<sup>4</sup> and declared to be the Son of God with power, according to the spirit of holiness, by the resurrection from the dead:

# Psalm 2:8-12

**<sup>8</sup> Ask of me, and I shall give thee the heathen for thine inheritance, and the uttermost parts of the earth for thy possession.**

**<sup>9</sup> Thou shalt break them with a rod of iron; thou shalt dash them in pieces like a potter's vessel.**

**<sup>10</sup> Be wise now therefore, O ye kings: be instructed, ye judges of the earth.**

**<sup>11</sup> Serve the LORD with fear, and rejoice with trembling.**

**<sup>12</sup> Kiss the Son, lest he be angry, and ye perish from the way, when his wrath is kindled but a little.**

**Blessed are all they that put their trust in him.**

# Summary

**According to this section of the Psalms what are some of the things we should do if we want a Blessed and Happy life?**

- Turn away from the sinful ways of the world, don't be conformed by it**
- Structuring our daily lives where we can think about and meditate on God's Word**
- Following what his Word says will naturally lead us on the right path of life that will define a Blessed and Happy life**
- The wicked will rebel and ultimately perish**
- The righteous will stand before God**
- Acknowledge Jesus Christ in all things and give thanks for Him and His work on the cross**