

It is Good to Praise the LORD

Psalm 146-147

Trinity Bible Church - Adult Sunday School Class
"The Psalms: From Promise to Praise" – Lesson 16
Dec. 19th, 2021

Introduction

- ◇ The Psalm's doxology: Psalm 146 – Psalm 150
- ◇ Thanksgiving Vs. Praise Psalms
 - ◇ “He delivered them from their distress” (Ps. 107:6)
 - ◇ “The Lord lifts up those who are bowed down.” (Ps. 146:8)
- ◇ Outline:
 - ◇ Ps. 146: Praise the Lord who delivers His people from oppression
 - ◇ Ps. 147: Praise the Lord who delights in and blesses His people
- ◇ Who wrote Ps. 146-150?

Psalm 146

- ◇ A call to Praise the LORD (vs. 1-2)
 - ◇ Praise the Lord from your soul
 - ◇ Praise the Lord continually
- ◇ Do not trust in men (vs. 3-4)
 - ◇ Reason 1: Men do not possess salvation
 - ◇ Salvation only comes from God (Ps. 3:8, Hos. 13:4)
 - ◇ Reason 2: Man's days are short

Psalm 146

- ◇ Put your trust in God (vs. 5-10)
 - ◇ The Lord is the powerful creator of all things (vs. 6a)
 - ◇ The Lord is faithful eternally (vs. 6b)
 - ◇ The Lord executes justice (vs. 7a)
 - ◇ The Lord brings salvation (vs. 7b-8)
 - ◇ The Lord guards the helpless (vs. 9)
- ◇ Two contrasts in Ps. 146
 - ◇ Hope in God rather than men
 - ◇ God's works to the righteous and to sinners

Psalm 147

- ◇ The Lord's first work: He brings His people home (vs. 1-6)
 - ◇ He restores His people (vs. 2)
 - ◇ He forgives His people (vs. 3)
 - ◇ Contrast: The Lord exalts the humble (vs. 6)
- ◇ The Lord's second work: He sustains His creation (vs. 7-11)
 - ◇ Contrast: The Lord takes pleasure in His people (vs. 11)
- ◇ The Lord's third work: He builds up His people (vs. 12-20)
 - ◇ He shows goodness to His people (vs. 13-14)
 - ◇ He reveals himself to His people (vs. 19)
 - ◇ Contrast: The Lord uniquely guides His people (vs. 20)